

# PMEX UPDATE

BUY	
	<b>CRUDE10-JU26</b>
104.22	-0.81%
Expiry	27/May/26
Remaining	26 Days
<b>Entry</b>	106.7 - 106.9
<b>Stoploss</b>	105.71
<b>Take Profit</b>	107.85 - 108.75

BUY	
	<b>NGAS1K-JU26</b>
2.7790	0.43%
Expiry	26/May/26
Remaining	25 Days
<b>Entry</b>	2.811 - 2.822
<b>Stoploss</b>	2.76
<b>Take Profit</b>	2.84 - 2.86

SELL	
	<b>GO10Z-JU26</b>
4,585.66	-0.95%
Expiry	27/May/26
Remaining	26 Days
<b>Entry</b>	4570 - 4565
<b>Stoploss</b>	4592.52
<b>Take Profit</b>	4550 - 4530

N/A	
	<b>SL10-MA26</b>
74.04	
Expiry	
Remaining	
<b>Entry</b>	---
<b>Stoploss</b>	#VALUE!
<b>Take Profit</b>	---

SELL	
	<b>PLATINUM5-JY26</b>
1,982.00	-0.63%
Expiry	26/Jun/26
Remaining	56 Days
<b>Entry</b>	1968 - 1965
<b>Stoploss</b>	1994.57
<b>Take Profit</b>	1952 - 1944

SELL	
	<b>COPPER-JY26</b>
5.9758	-0.08%
Expiry	22/Jun/26
Remaining	52 Days
<b>Entry</b>	5.99 - 5.97
<b>Stoploss</b>	6.03
<b>Take Profit</b>	5.95 - 5.92

BUY	
	<b>ICOTTON-JY26</b>
82.40	0.24%
Expiry	22/Jun/26
Remaining	52 Days
<b>Entry</b>	81.15 - 81.51
<b>Stoploss</b>	81.01
<b>Take Profit</b>	82.15 - 82.75

BUY	
	<b>DJ-JU26</b>
49,971	0.27%
Expiry	17/Jun/26
Remaining	47 Days
<b>Entry</b>	49850 - 49901
<b>Stoploss</b>	49545.23
<b>Take Profit</b>	49980 - 50072

BUY	
	<b>SP500-JU26</b>
7,253	0.12%
Expiry	17/Jun/26
Remaining	47 Days
<b>Entry</b>	7260 - 7265
<b>Stoploss</b>	7209.81
<b>Take Profit</b>	7280 - 7290

BUY	
	<b>NSDQ100-JU26</b>
27,555	-0.15%
Expiry	17/Jun/26
Remaining	47 Days
<b>Entry</b>	27612 - 27634
<b>Stoploss</b>	27365.85
<b>Take Profit</b>	27695 - 27728

SELL	
	<b>GOLDUSDJPY-JU26</b>
156.54	0.03%
Expiry	27/May/26
Remaining	26 Days
<b>Entry</b>	157.01 - 156.82
<b>Stoploss</b>	157.33
<b>Take Profit</b>	156.28 - 155.95

BUY	
	<b>GOLDEURUSD-JU26</b>
1.1753	0.19%
Expiry	27/May/26
Remaining	26 Days
<b>Entry</b>	1.1746 - 1.1754
<b>Stoploss</b>	1.173
<b>Take Profit</b>	1.1772 - 1.1782

## Major Headlines

**Oil prices edge higher as Iran tensions, Hormuz disruptions remain**

Oil prices rose on Friday following a whipsaw end to April, with concerns over continued disruptions in Middle East supplies from a prolonged U.S.-Iran war keeping crude prices largely upbeat. Brent oil futures for July rose 1.4% to \$111.92 a barrel by 05:13 ET (09:13 GMT). [see more...](#)

**Gold prices remain near 1-mth low amid little relief from Iran, rate uncertainty**

Metal markets were pressured by a host of hawkish signals from major central banks this week. The Federal Reserve saw an increasing number of policymakers sounding the alarm on energy-driven inflation, while the European Central Bank, Bank of England, and the Bank of Japan all hinted at near-term rate hikes in the face of rising oil prices. Higher interest rates bode poorly for gold and other non-yielding assets, given that they increase the opportunity cost of investing in the sector. [see more...](#)

**S&P 500, Dow futures inch up after Wall Street's best month in years**

S&P 500 and Dow futures ticked higher on Friday, after the indexes posted their biggest monthly gain in years, as a string of strong earnings offset concerns around a historic supply shock in oil markets. Apple rose 2.8% in the premarket session after robust demand for its flagship iPhone 17 [see more...](#)

**USD/JPY dives to 155.50 lows on another alleged intervention**

The US Dollar (USD) plunged nearly 200 pips against the Japanese Yen (JPY) in the early European session on Friday, likely due to another intervention by Japanese authorities. The pair retreated to session lows at 155.50 from the 157.30 area in a matter of minutes with no fundamental reason to justify the move. The Greenback had pared some of Thursday's losses on Friday's Asian session, but investors were on edge about the possibility of a further intervention [see more...](#)

**EUR/USD edges down below 1.1720 lows but holds most of Thursday's gains**

The Euro (EUR) is trading moderately lower against the US Dollar (USD) on Friday, retreating to 1.1719 at the time of writing, down from highs above 1.1740 on Thursday. The pair, however, maintains most of the previous day's gains, with market volumes thinned on the May 1 labor holiday. [see more...](#)

**US Dollar Index (DXY) Price Forecast: Bounces off 50% Fib. on Iran tensions, hawkish Fed**

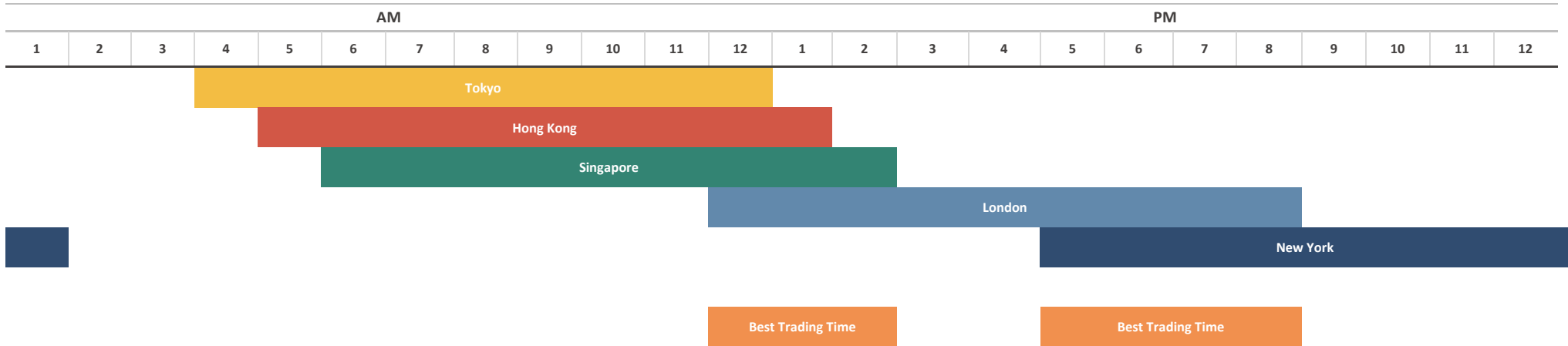
The US Dollar Index (DXY), which tracks the Greenback against a basket of currencies, regains some positive traction on Friday and reverses a part of the previous day's sharp retracement slide from a three-week high – level just above the 99.00 mark. The index sticks to modest intraday gains heading into the European session and currently trade around the 98.25 region, up over 0.10% for the day. Against the backdrop of stalled US-Iran peace talks, US President Donald Trump [see more...](#)

## Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
S&P Global Manufacturing PMI (Apr)	1/5/2026	6:45 PM	USD	High volatility		54	54
ISM Manufacturing PMI (Apr)	1/5/2026	7:00 PM	USD	High volatility		53.1	52.7
ISM Manufacturing Prices (Apr)	1/5/2026	7:00 PM	USD	High volatility		80	78.3

# FOREX MARKETS' STATISTICS

## Forex Market Hours



Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

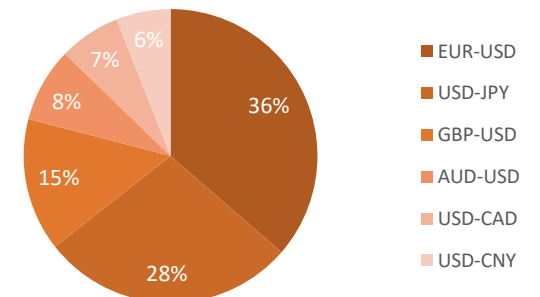
### Forex Turnover by Counterparty



### Markets' Share in Total Forex Turnover



### Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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